



Ravan Alizada

Date of birth: 16/11/2004 | **Nationality:** Azerbaijani | **Gender:** Male | **Phone number:**

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EDUCATION AND TRAINING

15/09/2021 – CURRENT Baku, Azerbaijan

BACHELOR DEGREE IN PSYCHOLOGY Baku State University

Field of study Psychology | **Final grade** 95.73

15/09/2010 – 14/07/2021 Lachin, Azerbaijan

UNIVERSITY ENTRANCE QUALIFICATION-ATTESTAT High School named after Sadi Farmanov

Final grade 5

WORK EXPERIENCE

22/09/2024 – 27/12/2024 Baku, Azerbaijan

ASSISTANT PSYCHOLOGICAL CONSULTANT KIM GROUP

- Assisting the lead psychologist in conducting client interviews and initial assessments
- Supporting clients during counseling sessions by taking notes or providing resources
- Preparing reports, documentation, and session summaries
- Observing and providing feedback on client interactions

01/03/2024 – 17/08/2024 Baku, Azerbaijan

ASSISTANT PSYCHOLOGIST MOTIV PSYCHOLOGY CENTER

- Worked extensively with clients, including individuals with special needs, showcasing empathy and professionalism.
- Demonstrated strong academic aptitude, particularly in the "Psychology of Children with Special Needs" course.
- Contributed to creating meaningful engagement with clients, improving their well-being and addressing special needs effectively.

29/10/2023 – 15/03/2024 Baku, Azerbaijan

PSYCHOLOGIST THE "TOGETHER AND HEALTH" PUBLIC UNION

- Using standardized tests and tools to measure cognitive, emotional, and behavioral functioning
- Helping clients develop coping strategies and problem-solving skills
- Analyzing data to develop new treatments or improve existing methods
- Maintaining detailed case records and treatment plans

LANGUAGE SKILLS

Mother tongue(s): **AZERBAIJANI**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	C1	C1	C1	C1	B2
TURKISH	C1	C1	C1	C1	C1

DIGITAL SKILLS

Microsoft Office package: Microsoft Word, Excel, PowerPoint, Access

VOLUNTEERING

09/07/2023 – 21/08/2023 Trabzon, Turkey

Global Volunteer - AIESEC

I participated in a 6-week "Leadership Development" project in Trabzon, Turkey, through this exchange program.

27/03/2024 – 15/09/2024 Baku, Azerbaijan

HR Manager

I have worked as an HR Manager in the HR team within ADA's Galaxy Society. We handle the selection process for new members of the Galaxy Society and manage internal relations.

18/07/2024 – CURRENT Lachin, Azerbaijan

"Qayidish" Volunteer

As part of the "Qayidish Project," I have been working voluntarily in the Lachin district, regularly assisting the population returning to Karabakh with their adaptation challenges and psychological rehabilitation. Our largest event took place on August 26, during Lachin City Day.

17/09/2023 – CURRENT Baku, Azerbaijan

SABAH Groups

I have been serving as the Head of the Psychology Club of the SABAH Groups at Baku State University since September 2023. We regularly organize seminars and roundtable discussions covering topics such as psycho-social impact, stereotyping, biased attitudes, happiness, and mental health.

02/10/2023 – 06/10/2023 Baku, Azerbaijan

74th International Astronautical Congress

I participated as an author of scientific papers in the 74th International Astronautical Congress, with 4 scientific abstracts and 1 scientific paper.

Article: Virtual Reality(VR) Technology-Psychological Support for Astronauts in Space Exploration

14/10/2024 – 18/10/2024 Milano, Italy

75th International Astronautical Congress

I participated in the 75th International Astronautical Congress as the main author of 1 scientific paper and co-author of 7 scientific papers. We participated there with the organization of Azercosmos and the financial support of Baku State University.

Articles: The Effect of Spaceflight and Microgravity on the Human Brain

Anorexia Nervosa in Space Environments

Cognitive Behavioral Therapy for Loneliness and Isolation of Astronauts in Space Mission

21/06/2023 Baku, Azerbaijan

Causes of depression in young people and methods to eliminate it.

I have participated in a scientific seminar.

29/03/2023 Baku, Azerbaijan

The project 'Let Creativity Speak'

30/03/2022 – 25/05/2022 Baku, Azerbaijan

The Basics of Psychotherapy course

I have been awarded for my successful active participation in the 'Basics of Psychotherapy' course, organized by the Psychological Assistance Department of Baku State University.

● HOBBIES AND INTERESTS

Hobbies and Interests

- Listening to Podcasts
 - Reading
 - Traveling
 - Watching Documentaries
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Actively seeking opportunities to pursue studies and research in clinical psychology, general psychology, cognitive science, and related fields.

Baku, Azerbaijan , 27/01/2025